Dear Friends in Christ,

On the following pages, you will read about the latest developments related to the Be Missionary Disciples pastoral planning initiative in the Archdiocese of Baltimore. You may recall that this initiative was the subject of my 2015 pastoral letter, “A Light Brightly Visible: Lighting the Path to Missionary Discipleship,” and with the support and efforts of many people throughout the Archdiocese, much progress has been made over the past two years. During that time, we conducted and reflected on a survey of mission-readiness in our parishes, and worked to define the geographic footprint within which mission-focused, evangelization-based planning would occur in the coming years.

What you will read about in this issue of the Catholic Review relates to the final design of the pastorates. But the design of the pastorates should not in any way be mistaken as the end goal. In fact, in many ways it represents the first step along our path of missionary discipleship as we seek to spread the Gospel and re-evangelize every neighborhood and ZIP code within our Archdiocese. It is a moment for us all to re-focus on our mission to proclaim Christ and open minds and hearts to His truth and love. How we go about this privileged work within our parishes, our communities of faith, is the work that lies ahead for all of us.

Authentic evangelization-based planning demands an ongoing conversion of mind and heart because, as Pope Francis puts it, “It is impossible to persevere in a fervent evangelization unless we are convinced from personal experience that it is not the same thing to have known Jesus as not to have known him, not the same thing to walk with him as to walk blindly, not the same thing to hear his word as not to know it, and not the same thing to contemplate him, to worship him, to find our peace in him, as not to” (Evangelii Gaudium, no. 266). So profound is the conversion to which we are called that, if we open ourselves to it, it will result in nothing less than the transformation of our lives and the transformation of our pastorates.

I wish you all the Lord’s blessings, and ask for your continued prayers as, together, we strive to be missionary disciples of Christ here in the Archdiocese of Baltimore.

Faithfully in Christ,

Most Reverend William E. Lori
Archbishop of Baltimore

Prayer

Merciful Father, pour out your Spirit of wisdom and love To guide us in this pastoral planning process to Be Missionary Disciples Of your son, Jesus Christ.

Transform us through the Eucharist we share, That it may become the source and summit of our lives. Make us truly welcoming to all of your people, That our hearts may open to your grace and mercy.

Walk with us as we accompany one another Along the path of spiritual growth and discipleship. And send us forth to proclaim the joy of the Gospel Through faith, service, justice and love of others, most especially the poor.

May we never lose sight of our sacred mission To “go and make disciples of all nations” So that in this Archdiocese of Baltimore The light of Christ would always be A Light Brightly Visible.

Amen.
FOUR POINTS TO KEEP IN MIND ABOUT
Be Missionary Disciples

Be Missionary Disciples is focused on conversion

- **Personal conversion** that compels us to look inward at our own faith life and the way in which our relationship with Christ is growing and being shared with others.
- **Parish conversion** that compels us to examine the way in which our parishes enable personal conversion through the formation of disciples and the embodiment of the mission to live and share the Gospel message of love and redemption.
- **Archdiocesan conversion** that compels us to be good stewards of the gifts God has given this local church by configuring our parishes to be vibrant and sustainable centers of evangelization.

It has a goal of creating a stable environment for conversion to occur

- Archbishop Lori’s pastoral letter, “A Light Brightly Visible,” outlined why pastoral planning must move forward in the archdiocese and what he hopes to achieve as a result. Growing and evolving social outreach and pastoral care needs, rising religious disaffiliation, shifting demographics and impending clergy retirements have created a “new normal” for the church that requires a different way of carrying out the mission.
- The pastorate design and Be Missionary Disciples planning process are meant to create the conditions that promote long-term stability and predictability, so that the essential work of disciple-making can be the focus.

PASTORATES: WHAT YOU NEED TO KNOW

What is the purpose of the Be Missionary Disciples planning effort?

The purpose of Be Missionary Disciples is to organize our parishes so we have a critical mass of people and resources to do the mission of the Church effectively, and to intentionally plan for how that mission will be carried out.

Are pastorates replacing parishes?

No, parishes will continue to be the primary expression of the local church. Pastorates are simply a way of helping them work together better through shared leadership and vision.

How will the parishes be organized?

Parishes are being organized into “pastorates,” one or more parishes with a single pastor and leadership team. The pastorate defines which parishes will be planning together for how to carry out the mission of the Church in their boundaries.

Who put together the design of pastorates?

The pastorate design evolved through many rounds of consultation that occurred between June 2016 and February 2017. A small group of pastors and archdiocesan staff developed the first model of pastorates from our existing parishes. That model then was shared with the priests who serve on the Presbyteral Council or are vicars forane (priests representing the different regions in the archdiocese); all the priests and pastoral life directors in the archdiocese; and representatives from all the parishes in the archdiocese. After each round of consultation, the design was revised to reflect the feedback that was received.

What kinds of planning will each pastorate be asked to undertake?

The pastorate will plan to renew and strengthen the faith of those already in our parishes, welcome back those who have become disengaged from their faith, and reach out to strangers to share the Gospel with them. It also will need to address how this can best be done in a way that will be sustainable for many years to come, which will include examining how the buildings and finances of the pastorate collectively can best serve the mission, and how our people can be brought together to do this as well.

Does this mean that parishes in a pastorate are going to have to merge?

No, parishes will continue to be the primary expression of the local church. Pastorates are simply a way of helping them work together better through shared leadership and vision.
The model does not assume that multiple parishes in a pastorate will merge. That is a decision that will have to be reached as the pastorate, once formed, goes through a thoughtful planning process that is mission-focused. The same goes for whether or not a church should remain open.

**Will I still be able to go to the same Mass?**

That will depend on the plan for the pastorate developed by the parishioners. The plan should identify a Mass schedule for the pastorate that responds to the needs of both long-time parishioners and newcomers or strangers, and which supports celebration of the Mass in sanctuaries that are comfortably full. For this reason, one of the parameters of the planning process is to limit the number of Masses each priest can say to three per weekend.

One of the goals of Be Missionary Disciples is to increase Sunday Mass attendance. This will include making sure the Masses we celebrate are done with care and proper planning, including great homilies, inspiring music, and other important liturgical elements that make people want to come to Mass. By limiting the number of Masses, it allows the priest and liturgical ministers to prepare for and celebrate those Masses with energy.

**Will my pastor change?**

Possibly, but not necessarily. There will always be a natural progression of change as pastors retire or are called to different ministries. In some cases, the gifts of a pastor may be needed elsewhere in the archdiocese, which could result in a change of pastor. In other cases, the current pastor may be the best one to continue leading the pastorate. Those decisions will be reached over the next several years and in consultation with the priests.

**What happens to the staff in a multi-parish pastorate?**

The pastor, guided by the pastorate plan and his assessment of the needs within the pastorate, will determine how he wants to organize his staff. This is no different than how current pastors with multi-parish assignments have approached the same matter. In many cases, they have brought the staff together for efficiency, though some staffs remain separate.

**When are the pastorates going to be implemented (“activated”)?**

The implementation of the pastorates will happen in phases over the next several years (see page B5). During each phase, smaller blocks of about 10 pastorates will be “activated” based on the readiness of or need for that pastorate to begin its strategic planning process. At that time, the pastor who will lead the pastorate will be named.

In this way, phasing will allow for natural transitions to occur as pastors retire, and will allow for the appropriate dedication of archdiocesan staff and resources to support the planning process. It also will allow for relationships and a spirit of discipleship to grow in the parishes between now and the time of activation.

**What can parishes do in the meantime?**

Parishes that are in later phases of pastorate implementation have lots of opportunities to begin laying the groundwork for the pastorate. A few suggestions can be found on page B12 and by visiting bitly.com/bemissionarydisciples.

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**The effort will be archdiocesan-wide**

- Every parish in every pastorate in the archdiocese is being asked to engage in this process – some earlier, some later.
- Even those pastorates where the missionary impulse is strong are called, as Pope Francis encourages, “to make this missionary impulse ever more focused, generous and fruitful (through) a resolute process of discernment, purification, and reform” (Evangelii Gaudium, §30).
- A phased implementation of the pastorates will allow for pastor retirements to occur naturally, and for any new pastors to go through the planning process with their new pastorate from the beginning. It also will allow for adequate support for the pastorates from archdiocesan staff.
- In the meantime, later-phase pastorates can focus on disciple formation and relationship building, so that their planning is built on a firm foundation when it does begin.

**Any changes will be gradual and discerned by the pastorate**

- Many people want to know what will be different and when. They may have questions, such as:
  - Will my pastor change?
  - Is my church closing?
  - Will my Mass time change?
  - How will this affect the staff at my parish?
- The only answer to most of those questions at this point is: “We don’t know yet.” That is because questions such as these will only be answered once the pastorate pastor is named and planning begins. It will be a process that is locally driven and the answer to these questions will come from the pastorate parishes and parishioners themselves.
PILOT PASTORATES

In order to get an initial sense of what some of the greatest successes and challenges may be as pastorates undertake the planning process, a group of nine pastorates (three in each vicariate) were invited to participate in a pilot phase. The pilot phase will benefit pastorates throughout the Archdiocese for the next several years. Those pastorates taking part in this phase will be able to advance the good work they already are doing, build a culture of discipleship and bring a mission focus to their view towards the future. They also will serve as an invaluable resource for identifying how the Be Missionary Disciples planning process applies to a variety of pastorate configurations and situations. Their experience will help identify some of the biggest challenges and how the key elements of the planning process should be refined. Most importantly, they will create a collection of success stories that can be shared with other pastorates.

The following pastorates were invited to participate in the pilot phase:

<table>
<thead>
<tr>
<th>PILOT PHASE (2017 - 2018)</th>
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<tbody>
<tr>
<td><strong>Urban Vicariate</strong></td>
</tr>
<tr>
<td>St. Dominic, St. Anthony of Padua, Most Precious Blood</td>
</tr>
<tr>
<td><strong>Eastern Vicariate</strong></td>
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<tr>
<td>St. Joseph (Cockeysville)</td>
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<tr>
<td><strong>Western Vicariate</strong></td>
</tr>
<tr>
<td>St. Joseph (Sykesville)</td>
</tr>
</tbody>
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Highlights of the Vision

WHAT MISSIONARY DISCIPLESHIP LOOKS LIKE IN A PASTORATE

When we focus on these goals ... It produces these good fruits

Core Mission Priority: Liturgy
Goal: Vibrant Liturgy
- The Good News is proclaimed and understood
- Music is inspiring and participatory
- Homilies are a source of conversion, renewal and growth
- Parishioners are more fully engaged disciples

Core Mission Priority: Welcome
Goal: Belonging
- Outsiders are prioritized
- Disenfranchised and strangers are sought out and welcomed
- All feel they belong and value community life through groups, activities and events

Core Mission Priority: Encounter
Goal: Conversion
- New people are visible in community
- Sharing of faith is common and encouraged
- An encounter with Christ has been experienced

Core Mission Priority: Accompaniment
Goal: Spiritual Growth
- Growing number of adults active in faith formation and engaged in service
- Ongoing conversion is experienced
- The domestic church is sustained and enriched
- Young people remain engaged in the parish

Core Mission Priority: Sending
Goal: Disciple-Making
- Spiritual friendships are formed

- Priestly and religious vocations are promoted and fostered
- Families are equipped and empowered as missionary disciples
- The vulnerable, grieving and neglected receive care
- The poor are prioritized and served

Core Mission Priority: Mission Support
Goal: Mission Support
- Financial support for the mission is predictable and stable
- Support for the mission occurs at many levels
- Priests and their staff members are healthy, happy and holy
- Mission-ready facilities are safe, welcoming, attractive, accessible and right-sized

B4 Be Missionary Disciples | ARCHDIOCESAN PASTORAL PLAN
**Pastorate Phases**

### Phase 1 Pastorate (2018-2020)

- St. Anthony Shrine (Emmitsburg) and Our Lady of Mount Carmel (Thurmont)
- St. Edward, St. Gregory the Great, Church of the Immaculate Conception (Baltimore), St. Peter Claver and St. Pius V
- St. Francis de Sales (Abingdon), Church of the Holy Spirit (Joppa) and Prince of Peace (Edgewood)
- Holy Cross; St. Mary, Star of the Sea; and Our Lady of Good Counsel
- St. Margaret (Bel Air), including St. Mary Magdalen Mission
- St. Mary of the Assumption (Govans) and St. Pius X
- St. Matthew and Blessed Sacrament
- Our Lady of Perpetual Help (Edgewater) and Our Lady of Sorrows (Owensville)
- Our Lady of Pompei, St. Patrick (Broadway) and Sacred Heart of Jesus
- St. Alphonsus Rodriguez (Woodstock)
- Cathedral of Mary Our Queen
- Divine Mercy
- St. Elizabeth Ann Seton (Crofton)
- St. Gabriel (Woodlawn)
- Holy Rosary
- St. Ignatius
- St. Isaac Jogues
- St. John the Evangelist (Columbia)
- St. John the Evangelist (Frederick)
- St. Joseph (Fullerton)
- St. Joseph (Odenton)
- St. Leo
- Church of the Nativity
- Our Lady of the Fields (Millersville)
- Our Lady of Victory (Arbutus)
- St. Peter (Hancock), including St. Patrick (Little Orleans)
- St. Vincent de Paul

### Phase 2 Pastorate (2019-2021)

- St. Athanasius and St. Rose of Lima
- St. Augustine (Williamsport), St. James (Boonsboro) and St. Joseph (Hagerstown)
- St. Cecilia and New All Saints
- St. Charles Borromeo (Pikesville) and Sacred Heart (Glyndor)
- St. Clement (Lansdowne) and St. Philip Neri (Linthicum)
- Corpus Christi and St. Thomas Aquinas
- St. Francis of Assisi and Shrine of the Little Flower
- Catholic Community of St. Francis Xavier and Our Lady of Grace (Parkton)
- St. Joan of Arc (Aberdeen) and St. Patrick (Harve de Grace)
- St. Katharine Drexel and St. Timothy (Walkersville)
- St. Luke (Edgemere) and Our Lady of Hope (Dundalk)
- St. Mary (Annapolis), including St. John Neumann
- St. Paul (Elicott City) and Church of the Resurrection (Elicott City)
- St. Alphonsus
- Basilica of the Assumption
- Holy Family (Davidsonville)
- Holy Family (Randylandtown)
- Holy Korean Martyrs
- St. Ignatius (Hickory)
- St. John the Evangelist (Long Green Valley)
- St. Joseph-On-Carrollton Manor (Buckleys)
- St. Mark (Catonsville)
- Our Lady of LaVang
- Our Lady of Perpetual Help (Elicott City)
- Our Lady of the Angels (Charlestown)
- St. Peter (Libertytown)
- St. Peter the Apostle (Oakland), including St. Peter at the Lake
- Shrine of the Sacred Heart
- St. Stephen (Bradshaw)
- St. Ursula

### Phase 3 Pastorate (2020-2022)

- St. Agnes and St. William of York
- St. Ann, St. Francis Xavier and St. Wenceslaus
- St. Ann (Hagerstown) and St. Mary (Hagerstown), including St. Michael (Clear Spring)
- Church of the Annunciation (Rosedale), St. Clement Mary Hofbauer (Rosedale) and St. Michael the Archangel (Overlea)
- St. Bernadette (Severn), Church of the Crucifixion, Church of the Good Shepherd and Holy Trinity
- St. Bartholomew (Manchester) and St. John (Westminster)
- St. Benedict and St. Joseph’s Passionist Monastery
- St. Clare (Essex), Our Lady of Mount Carmel (Middle River), and Our Lady, Queen of Peace (Middle River)
- St. Francis of Assisi (Fulton) and St. Louis (Clarksville)
- Immaculate Heart of Mary (Baynesville) and St. Thomas More
- St. Jane Frances de Chantal (Pasadena) and Our Lady of the Chesapeake (Lake Shore)
- St. Joseph (Emmitsburg) and St. Joseph (Taneytown)
- St. Lawrence Martyr (Jessup) and Resurrection of Our Lord (Laurel)
- Transfiguration and St. Veronica
- St. Ambrose
- St. Andrew by the Bay (Cape St. Claire)
- St. Bernardine
- St. Ignatius Loyola (Frederick)
- Church of the Immaculate Conception (Towson)
- St. Mark (Fallston)
- St. Mary of the Assumption (Pylesville)
- St. Michael (Poplar Springs-Mount Airy)
- SS. Philip and James
GARRETT AND ALLEGANY COUNTIES

1 St. Peter the Apostle, Oakland  
2 St. Peter at the Lake

DIVINE MERCY
3 St. Peter, Westernport  
4 St. Gabriel, Barton  
5 St. Joseph, Midland  
6 St. Michael, Frostburg  
7 St. Ann, Grantsville

OUR LADY OF THE MOUNTAINS
8 St. Patrick, Mount Savage  
9 SS. Peter and Paul, Cumberland  
10 St. Patrick, Cumberland  
11 St. Mary, Cumberland  
12 St. Ambrose, Cresaptown  
13 St. Peter, Hancock  
14 St. Patrick, Little Orleans

WASHINGTON AND FREDERICK COUNTIES

1 St. Michael, Clear Spring  
2 St. Ann, Hagerstown  
3 St. Mary, Hagerstown  
4 St. Joseph, Hagerstown  
5 St. Augustine, Williamsport  
6 St. James, Boonsboro  
7 Holy Family Catholic Community, Middletown  
8 St. Mary, Petersville  
9 St. Francis of Assisi, Brunswick  
10 St. Joseph-On-Carrollton Manor, Buckeystown  
11 St. Ignatius of Loyola, Ijamsville  
12 St. John the Evangelist, Frederick  
13 St. Katharine Drexel, Frederick  
14 St. Timothy, Walkersville  
15 St. Peter the Apostle, Libertytown *  
16 Our Lady of Mount Carmel, Thurmont *  
17 St. Anthony Shrine, Emmitsburg *  
18 St. Joseph, Emmitsburg *  
19 St. Joseph, Taneytown *

* Some parishes are depicted on more than one map, due to their location near county borders.
St. Joseph, Emmitsburg *
St. Joseph, Taneytown *
St. Bartholomew, Manchester
St. John, Westminster
St. Peter the Apostle, Libertytown *
St. Michael, Poplar Springs
St. Joseph, Sykesville
St. Alphonsus Rodriguez, Woodstock
Church of the Resurrection, Ellicott City
St. Paul, Ellicott City
St. John the Evangelist, Columbia
St. Louis, Clarksville
St. Francis of Assisi, Fulton
Resurrection of Our Lord, Laurel *
St. Lawrence Martyr, Jessup *
St. Augustine, Elkridge *
Catholic Community at Relay *
Church of the Ascension, Halethorpe *
Our Lady of Perpetual Help, Ellicott City
Be Missionary Disciples | ARCHDIOCESAN PASTORAL PLAN

4 ANNE ARUNDEL COUNTY

1. St. Clement I, Lansdowne
2. St. Philip Neri, Linthicum Heights
3. St. Lawrence Martyr, Jessup *
4. Resurrection of Our Lord, Laurel *
5. St. Joseph, Odenton
6. St. Bernadette, Severn
7. Holy Trinity Catholic Church, Glen Bernie
8. Church of the Good Shepherd, Glen Bernie
9. Church of the Crucifixion, Glen Burnie
10. St. Jane Frances de Chantal, Pasadena
11. Our Lady of the Chesapeake, Lake Shore
12. St. John the Evangelist, Severna Park
13. Our Lady of the Fields, Millersville
14. St. Elizabeth Ann Seton, Crofton
15. St. Andrew by the Bay, Annapolis
16. St. John Neumann, Annapolis
17. St. Mary, Annapolis
18. Holy Family, Davidsonville
19. Our Lady of Perpetual Help, Edgewater
20. Our Lady of Sorrows, West River

* Some parishes are depicted on more than one map, due to their location near county borders.
Baltimore County

1. Our Lady of Grace, Parkton
2. Catholic Community of St. Francis Xavier, Hunt Valley
3. Sacred Heart, Glyndon
4. St. Charles Borromeo, Pikesville *
5. Holy Family, Randallstown
6. Shrine of the Sacred Heart *
7. New All Saints *
8. St. Cecilia *
9. St. Gabriel, Woodlawn *
10. Holy Korean Martyrs *
11. St. William of York *
12. St. Agnes *
13. St. Mark, Catonsville *
14. Our Lady of the Angels, Catonsville *
15. Our Lady of Victory, Arbutus *
16. Church of the Ascension, Halethorpe *
17. Catholic Community at Relay *
18. St. Augustine, Elkridge *
20. Our Lady of Hope, Dundalk
21. Our Lady of LaVang *
22. St. Rita, Dundalk *
23. Sacred Heart of Mary, Graceland Park *
24. Our Lady of Fatima *
25. Sacred Heart of Jesus/ Sagrado Corazon de Jesus *
26. Our Lady of Pompei *
27. St. Michael the Archangel, Overlea
28. Church of the Annunciation, Rosedale
29. St. Clement Mary Hofbauer, Rosedale
30. St. Clare, Essex
31. Our Lady of Mount Carmel, Middle River
32. Our Lady, Queen of Peace, Middle River
33. St. Joseph, Fullerton
34. St. Isaac Jogues
35. St. Ursula
36. Immaculate Heart of Mary, Baynesville *
37. St. Thomas More *
38. St. Mary the Assumption, Govans *
39. St. Pius X *
40. Cathedral of Mary Our Queen *
41. Church of the Immaculate Conception, Towson *
42. Church of the Nativity
43. St. Joseph, Cockeysville
44. St. John the Evangelist, Long Green Valley
45. St. Stephen, Bradshaw *

* Some parishes are depicted on more than one map, due to their location near county borders.
1. St. Mary of the Assumption, Pylesville
2. St. Ignatius, Hickory
3. St. Mary Magdalen
4. St. Margaret, Bel Air
5. St. Mark, Fallston
6. St. Stephen, Bradshaw *
7. Church of the Holy Spirit, Joppa
8. Prince of Peace, Edgewood
9. St. Francis de Sales, Abingdon
10. St. Joan of Arc, Aberdeen
11. St. Patrick, Havre de Grace
The pastorate planning process is meant to achieve certain objectives in all pastorates in the Archdiocese. However, each pastorate will approach this process from its unique situation, so the specific way in which the process will unfold is flexible and will take into account the varying conditions that exist. The specific process to be used will be agreed upon at an on-site visit shortly after the pastorate is activated.

### Key Steps in the Pastorate Planning Process

**Forming Missionary Disciples**
- See the “10 Things You Can Do Now” section for ways to grow in discipleship today

**Pastorate Activation**
- Pastorates are activated in phases and blocks over the next several years

**Pastorate Plan – Step 1: Orientation**
- Ministry and outreach activities, demographics, parish data and existing strategic plans within the parish(es) are examined
- Initial opportunities/challenges for evangelization-based planning are identified

**Pastorate Plan – Step 2: Goals and Measures**
- Priority areas for evangelization-based planning are identified
- Goals are set within the priority areas, and ways to measure progress toward them are identified

**Pastorate Plan – Step 3: Structures and Schedules**
- A strategy is developed for aligning pastorate organizational and physical structures and schedules to the goals, including: Liturgies, Ministries, Councils, Staffing and Facilities

**Pastorate Plan – Step 4: Key Initiatives**
- Key initiatives for achieving the goals are identified, along with how and when they will be implemented
- Steps for tracking progress and conducting an annual review of plan are laid out

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**Ten Things You Can Do Now to Be Missionary Disciples**

Get to the Formation page of the Be Missionary Disciples website (bitly.com/bemissionarydisciples) to explore some great ideas for putting these “10 Things” into practice.

1. **Go Back to the Basics**
   - Pray every day and explore different prayer techniques that bring you closer to God.

2. **Hit the Books**
   - Read about missionary discipleship and mission-focused planning with books that have inspired others, such as “Rediscover Catholicism” by Matthew Kelly.

3. **Go Surfing or Window Shopping**
   - Browse websites of parishes and programs that are having a transformative effect on discipleship, such as amazingparish.org or divinerenovation.net. Visit others parishes to learn what they are doing well.

4. **Tap into Local Expertise**
   - Subscribe to and read the helpful blog posts on the Be Missionary Disciples website.

5. **Entertain Angels**
   - Invite a friend to Mass or a parish event. Use their feedback on the Sunday experience or the sense of welcome to work with others to prioritize the outsider.

6. **Build Some Bridges**
   - Get to know people in other parishes in your pastorate, or even between parishes – worship with them, serve with them and celebrate with them!

7. **Get to Know People in your Pastorate**
   - Seek out those in the pastorate boundaries who are marginalized, hurting or feel forgotten. Consider how you can minister to their needs.

8. **Be Formed – or Re-formed**
   - Participate in Bible studies, retreats, missions and other reflection opportunities to discern ways the Holy Spirit is leading you into deeper discipleship.

9. **Find the Nearest Intersection**
   - Intersect faith and culture by using your favorite social media apps to spread the Gospel.

10. **Journal your Experience**
    - Be intentional about growing in your faith. As you pray or reflect on Scripture readings, keep a journal of the ways in which God is speaking to you.